Sheet Metal #10 Benefit Fund

OFFICE OF THE ADMINISTRATOR
1681 East Cope Ave, Suite B, Maplewood, MN 55109
651-770-0991 Fax 651-770-1351 1-800-396-2903

May 2020

IMPORTANT ANNOUNCEMENT
FOR
ACTIVE AND PRE-MEDICARE RETIRED PARTICIPANTS

Summary of Material Modifications

The Trustees of the Sheet Metal #10 Benefit Fund announce the following changes to the Plans for both Active and Pre-Medicare Retired Participants. The changes relate to coverage of Telehealth Services for Non-COVID-19 Related visits.

Please be reminded that the Plan was recently amended effective March 18, 2020 regarding Telehealth visits. The amendment provided 100% coverage for COVID-19 related Telehealth visits through December 31, 2020 and for Non-COVID-19 the Plan was amended to provide 100% coverage through June 30, 2020.

Telehealth-Non-COVID-19

The Plan is now being amended regarding Telehealth for Non-COVID-19 visits effective July 1, 2020.

Effective July 1, 2020 through December 31, 2020, In-Network Telehealth visits for Non-COVID-19 related reasons are covered the same as an in-office doctor’s visit subject to the annual deductible and out-of-pocket maximums as detailed in the Schedule of Benefits.

Out-of-network Telehealth visits, other than for COVID-19 related visits, are not covered by the Plan.

Important Note:

The Plan’s Doctor on Demand benefit remains the same. Specifically, any Telehealth visits via Doctor on Demand for any reason are covered at 100% and are not subject to the annual deductible or out-of-pocket maximum benefit.
April 2020

IMPORTANT ANNOUNCEMENT
FOR
PRE-MEDICARE RETIRED PARTICIPANTS

Summary of Material Modifications

The Trustees of the Sheet Metal #10 Benefit Fund announce the following changes to the Plan for Pre-Medicare Retired Participants. These changes are not applicable to an individual on Medicare with coverage through UnitedHealthcare.

1. **Annual Deductible – Page 3**

Effective July 1, 2020 the Plan is amended to increase the annual deductible from $135 to $145 per individual and from $405 to $435 per family.

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<thead>
<tr>
<th>Eligible Pre-Medicare Retirees And Dependents</th>
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<tbody>
<tr>
<td>Major Medical Expense Benefit</td>
<td>Coverage</td>
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<tr>
<td>Annual Deductible:</td>
<td>$145 per person</td>
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<tr>
<td>Before the Plan pays for most covered</td>
<td>$435 family maximum</td>
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<td>expenses, you pay</td>
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2. **Annual Out-of-Pocket Maximum**

Effective July 1, 2020 the Plan is amended to increase the annual out-of-pocket maximum from $1,080 to $1,160 per person and from $3,240 to $3,480 per family.

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<td>Annual Out-Of-Pocket Maximum:</td>
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<td>Plan Pays 100% Of Covered Charges for</td>
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<td>The Remainder Of The Year, Once You</td>
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<tr>
<td>reach Your Out-Of-Pocket Maximum:</td>
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<tr>
<td>Individual Out-Of-Pocket Maximum</td>
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<td>Family Out-Of-Pocket Maximum</td>
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<tr>
<td>Annual Out-Of-Pocket Maximum Does</td>
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<tr>
<td>Not Include Your Deductible</td>
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- Qualified sign interpreters
- Written information in other formats (large print, audio, and accessible electronic formats)
- Provides free language services to people whose primary language is not English, such as:
  - Qualified interpreters
  - Information written in other languages

If you need any of the above noted services, contact the Plan Administrator at 952-854-0795.

If you believe that the Fund has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability or sex, you can contact the Plan Administrator at 952-854-0795 or you may file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at:

U.S. Department of Health and Human Services
200 Independence Avenue, SW
Room 509F, HHH Building
Washington, DC 20201
1-800-368-1019, 800-537-7697 (TDD)

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Minnesota/North Dakota/South Dakota Languages

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Notice Regarding “Grandfathered” Status

This notice must accompany any Plan materials that are sent to participants.

The Sheet Metal #10 Benefit Fund believes its plan of benefits is a “grandfathered health plan” under the Patient Protection and Affordable Care Act (the Affordable Care Act). As permitted by the Affordable Care Act, a grandfathered health plan can preserve certain basic health coverage that was already in effect when that law was enacted. Being a grandfathered health plan means that the Sheet Metal #10 Benefit Fund may not include certain consumer protections of the Affordable Care Act that apply to other plans, for example, the requirement for the provision of preventative health services without any cost sharing. However, grandfathered health plans must comply with certain other consumer protections in the Affordable Care Act, for example, the elimination of lifetime limits on benefits.

Questions regarding which protections apply and which protections do not apply to a grandfathered health plan and what might cause a plan to change from grandfathered health plan status can be directed to the Plan Administrator at Sheet Metal #10 Benefit Fund, Attn: Plan Administrator, 1681 East Cope Avenue, Suite B, Maplewood, MN 55109; (651) 770-0991. You may also contact the Employee Benefits Security Administration, U.S. Department of Labor at 1-866-444-3272 or www.dol.gov/ebca/healthreform. This website has a table summarizing which protections do and do not apply to grandfathered health plans.
Sheet Metal #10 Benefit Fund

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March 2020

IMPORTANT ANNOUNCEMENT
FOR
ACTIVE AND PRE-MEDICARE RETIRED PARTICIPANTS

Summary of Material Modifications

The Trustees of the Sheet Metal #10 Benefit Fund announce the following changes to the Plans for both Active and Pre-Medicare Retired Participants. The changes relate to coverage of certain services related to COVID-19. These changes are effective March 18, 2020.

Specifically, the Plans have extended coverage at 100% with no cost-sharing as follows:

COVID-19 Testing
- The Plan will cover 100% of the cost:
  - For in vitro diagnostic testing for the COVID-19 virus that is either:
    - authorized by the FDA, or
    - otherwise specifically authorized by federal law or regulation.
  - A covered test is referred to herein as a “COVID-19 Test”;
  - For evaluation by a healthcare provider to determine whether you need a COVID-19 Test; and,
  - For services to administer a COVID-19 Test.
- Coverage for this amendment applies without regard to whether the COVID-19 Test is provided in-network or out-of-network. For out-of-network charges, the Plan will cover the full billed amount regardless of whether the amount exceeds the reasonable and customary amount. No prior authorization or medical management requirements apply to in vitro diagnostic testing for the COVID-19 virus. Coverage under this amendment applies without regard to the site of care (e.g., office, urgent care, emergency room, e-visits). The coverage under this amendment does not apply to any items and services you receive during a visit to a healthcare provider other than those expressly described above.
- Participants are strongly encouraged to contact their doctor for guidance before seeking COVID-19 testing.
- Coverage for this amendment applies through December 31, 2020.

Telehealth Services Related to COVID-19

The Plan currently covers telehealth medical visits through Doctor on Demand at 100%.
Telehealth – COVID-19 Related Visits: Effective March 18, 2020, the Trustees are temporarily expanding the Plan’s telehealth visit benefit for COVID-19 related visits. Specifically, the Plan will cover telehealth medical visits related to COVID-19 at 100% regardless of whether the provider is in or out-of-network. This temporary expansion of coverage for COVID-19 telehealth visits will last through December 31, 2020.

Telehealth – Non-COVID-19 Visits: Effective March 18, 2020, the Trustees are temporarily expanding the Plan’s telehealth benefit to provide 100% coverage with no cost-sharing for all in-network medical and behavioral health visits not associated with the diagnosis of COVID-19. Out-of-network telehealth visits, other than for COVID-19 related visits, are not covered by the Plan. This temporary expansion of the telehealth benefit will remain in effect through June 30, 2020.

Participants are strongly encouraged to contact their doctor for guidance before seeking COVID-19 testing.

COVID-19 Information

The available information about how the virus that causes COVID-19 spread is largely based on what is known about similar coronaviruses. However, COVID-19 is a new disease and there is more to learn about its transmission, the severity of illness it causes, and to what extent it may spread in the United States. According to the CDC, a person may develop symptoms of the COVID-19 virus within 14 days of exposure. Symptoms include feeling sick with an acute respiratory illness, such as a fever, cough, or difficulty breathing. As there is no present vaccine to prevent COVID-19, the CDC recommends the following to prevent the spread of the virus:

1. Wash hands often with soap and water for at least 20 seconds, and if soap and water are not available, use an alcohol-based hand sanitizer with at least 60% alcohol;
2. Avoid touching eyes, nose, and mouth with unwashed hands;
3. Avoid close contact with people who are sick;
4. Stay home when sick;
5. Cover coughs or sneezes with tissues or cough into the elbow area, then discard the tissue in the trash and follow up with handwashing; and
6. Clean and disinfect frequently touched objects and surfaces regularly

More information about COVID-19 may be found at the following links:

- Centers for Disease Control and Prevention: www.cdc.gov
- Minnesota Department of Health: https://www.health.state.mn.us/
- MN Building Trades: https://mntrades.org/covid-19-resources/
- World Health Organization: https://www.who.int

Members are encouraged to visit the Plan’s website at http://smw10.org/Benefits for further updates.
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October 2019

IMPORTANT ANNOUNCEMENT FOR RETIRED PARTICIPANTS

Summary of Material Modifications

The Board of Trustees for the Sheet Metal #10 Benefit Fund announce the following changes to the Plan for Retired Participants (Retiree Plan). The changes are effective January 1, 2020.

1. Appendix B - Medicare Advantage Plan

The Retiree Plan has been amended to add Appendix B – Medicare Advantage Plan. Specifically, the Retiree Plan has changed its Medicare coverage insurance provider to UnitedHealthcare and specifically to the UnitedHealthcare Group Medicare Advantage (PPO) Plan.

This change is effective January 1, 2020. Appendix B will provide as follows:

**APPENDIX B - MEDICARE ADVANTAGE PLAN**

Effective January 1, 2020, when you become eligible for Medicare due to age or disability, your Major Medical and Prescription Drug Coverage Benefits under this Retiree Plan end, and you will receive coverage via Medicare and through UnitedHealthcare and the UnitedHealthcare Group Medicare Advantage (PPO) Plan.

The UnitedHealthcare Group Medicare Advantage (PPO) Plan is a custom group Medicare Advantage plan that is an insured medical and prescription coverage plan provided through UnitedHealthcare.

You will pay a monthly self-contribution to the Fund Office for the UnitedHealthcare Group Medicare Advantage (PPO) Plan. The schedule of benefits for coverage will be determined by UnitedHealthcare.

**Eligibility**

You are eligible to enroll in coverage under the UnitedHealthcare Group Medicare Advantage (PPO) Plan when you first become entitled to Medicare Part A and are enrolled in Medicare Part B. Your non-Medicare eligible dependents’ (spouse and/or children) will remain covered under the Retiree Plan so long as they remain otherwise eligible for Retiree Plan coverage.
Enrollment

You must enroll in the UnitedHealthcare Group Medicare Advantage (PPO) Plan when you are first eligible for Medicare coverage. If you fail to enroll in the UnitedHealthcare Group Medicare Advantage (PPO) Plan when you are first eligible, you will not be allowed to enroll in that plan later.

Your eligibility for Major Medical Expense Benefit and Prescription Drug coverage under this Retiree Plan will end upon the date of your Medicare eligibility, regardless of whether you enroll in Medicare or the UnitedHealthcare Group Medicare Advantage (PPO) Plan through UnitedHealthcare.

Retirees who Opted-Out of Retiree Plan Coverage

If you have previously opted-out of the Retiree Plan (see page 21 “Retiree Opt-Out of Benefits”), you are eligible to come back into the Plan and enroll in the UnitedHealthcare Group Medicare Advantage (PPO) Plan if you experience any of the permitted re-enrollment events outlined on page 21 of this Retiree Plan.

Retiree Plan Coverage – Loss of Major Medical Expense and Prescription Drug Coverage

When you become eligible for Medicare due to age or disability you are no longer covered for Major Medical Expense Benefits (pages 30-37) or Prescription Drug Benefits (pages 38-40) under this Retiree Plan. Your medical and prescription drug coverage will be provided by the combination of Medicare and the UnitedHealthcare Group Medicare Advantage (PPO) Plan.

Should you have a claim for medical or prescription drug benefits denied by either Medicare or the UnitedHealthcare Group Medicare Advantage (PPO) Plan, you can only appeal that claim denial to those respective plans. You cannot appeal a denial of medical or prescription drug claims by either Medicare or the UnitedHealthcare Group Medicare Advantage (PPO) Plan to this Retiree Plan.

You remain eligible to purchase group dental coverage from Delta Dental and access Employee Assistance Program services through TEAM, Inc. via this Retiree Plan.

UnitedHealthcare Group Medicare Advantage (PPO) Plan – Paying for Coverage

When you enroll in the UnitedHealthcare Group Medicare Advantage (PPO) Plan, you will make a self-contribution payment to the Plan. In paying the self-contribution you will remain able to seek reimbursement for the self-contribution from your Retiree HRA Account (see Appendix A) should you have a remaining Retiree HRA Account balance.

2. Termination of Eligibility – Pages 20-22

The Plan’s provisions for Termination of Eligibility on page 20-22 are amended through the elimination of the section entitled “Supplemental Medicare Wraparound Plus Plan (SMW+)” and the addition of the following provision regarding Medicare Eligibility to replace it.
When you reach eligibility for Medicare due to age or disability, your coverage for Major Medical Expense and Prescription Drug Coverage under this Retiree Plan terminates. At the time of your Medicare eligibility, your medical and prescription drug coverage will be provided by Medicare and the UnitedHealthcare Group Medicare Advantage (PPO) Plan as further detailed in Appendix B to the Retiree Plan.

To be eligible for the UnitedHealthcare Group Medicare Advantage (PPO) Plan, you must enroll in the UnitedHealthcare Group Medicare Advantage (PPO) Plan when it is first available to you based upon your eligibility for Medicare coverage due to age or disability. If you do not enroll in the UnitedHealthcare Group Medicare Advantage (PPO) Plan when you are first eligible, you will not be able to later enroll in that Plan.

See Appendix B of the Retiree Plan entitled “Medicare Advantage Plan” for further details.

3. Life Events – Medicare Eligibility Pages 29-30

The Plan’s section on “Life Events” on Pages 29-30 is amended through the edition of the following Medicare Eligibility provision.

Medicare Eligibility

When you become eligible for Medicare due to age or disability, you will no longer receive Major Medical Expense and Prescription Drug Coverage under this Retiree Plan. Your medical and prescription drug coverage will have to be provided by Medicare and the UnitedHealthcare Group Medicare Advantage (PPO) Plan (see Appendix B – Medicare Advantage Plan). You are required to enroll in both Medicare and the UnitedHealthcare Group Medicare Advantage (PPO) Plan to receive the coverage from each of those entities.

Your non-Medicare eligible Dependents’ (spouse or Dependent children who meet the definition of a “Dependent” page 10 of the Plan) remain eligible for coverage under the Retiree Plan until they themselves become Medicare eligible.

4. Coordination with Medicare – Pages 61-62

The Plan’s section entitled “Coordination with Medicare” is amended to provide as follows:

COORDINATION WITH MEDICARE

For eligible Retirees age 65 and older, Medicare (Title XVIII of the Social Security Act, as amended) and the UnitedHealthcare Group Medicare Advantage (PPO) Plan will provide your medical and prescription drug coverage and this Plan will no longer provide you with those specific benefits. Consequently, when you become Medicare eligible it is important that you enroll in Medicare Parts A and B, as well as the UnitedHealthcare Group Medicare Advantage (PPO) Plan. See Appendix B – Medicare Advantage Plan for further details.

For a Participant with End-Stage Renal Disease: This Plan has secondary responsibility for the claims of an eligible person who is eligible for primary Medicare benefits because of end-stage renal disease.
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The Trustees of the Sheet Metal #10 Benefit Fund announce the following changes to the Plan for Retired Participants. The changes are effective March 1, 2019.

1. Prescription Drug Benefit – Pages 38-40

The following provisions regarding the Prime Therapeutics Classic Network, prior authorization, and quantity level limits, are added to the end of the provisions for Prescription Drug Benefits on Page 40.

**Prime Therapeutics Classic Network**

The Plan has adopted the Prime Therapeutics Classic Network of approved pharmacies which takes advantage of Prime Therapeutics strategic alliance with Walgreens. Therefore, to fill your prescription, you must go to a pharmacy in Prime’s Classic Network.

The Classic Network includes all Walgreens pharmacies, many chain pharmacies as well as independent pharmacies. The Prime Classic Network excludes certain other independent pharmacies and certain other national pharmacy chains such as CVS. This means if you currently have prescriptions filled at CVS (or other non-network pharmacy) you will have to make a change. You can determine if your pharmacy is in the Classic Network by visiting www.MyPrime.com.

**Prior Authorization**

The Plan has implemented a prior authorization program applicable to a certain subset of prescription drugs. Prior authorization is required on these medications before your prescription will be covered by the Plan.

If your prescription drug requires prior authorization, your physician must submit a prior authorization request form to Prime Therapeutics for approval.

- If authorization is granted, your prescription will be filled.
- If authorization is not granted, you have two choices:
You may still have the prescription filled by paying the entire retail cost of the prescription drug yourself; or

You may ask your doctor to prescribe an alternate drug covered by the Plan, if available.

To see a listing of drugs in the prior authorization program, log onto the website listed on the back of your Sheet Metal #10 Benefit Fund ID card.

**Quantity Level Limit Program**

The Plan has implemented a quantity limit program for certain drugs based upon dosing limits established by the FDA. Quantity limits are applied to the number of units dispensed for each prescription. If there is a quantity limit for a specific drug you’ve been prescribed, and you need to exceed that quantity limit, your physician must submit a quantity limit override request form to Prime Therapeutics for a possible waiver of the quantity limit.

If you have questions regarding these changes to the Plan’s Prescription Drug Benefit, you can contact Wilson McShane at 1-800-535-6373

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  - Qualified interpreters
  - Information written in other languages

If you need any of the above noted services, contact the Plan Administrator at 952-854-0795.

If you believe that the Fund has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability or sex, you can contact the Plan Administrator at 952-854-0795 or you may file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at [https://ocrportal.hhs.gov/ocr/portal/lobby.jsf](https://ocrportal.hhs.gov/ocr/portal/lobby.jsf), or by mail or phone at:

U.S. Department of Health and Human Services  
200 Independence Avenue, SW  
Room 509F, HHH Building  
Washington, DC 20201  
1-800-368-1019, 800-537-7697 (TDD)

Sheet Metal #10 Benefit Fund

OFFICE OF THE ADMINISTRATOR
1681 East Cope Ave, Suite B, Maplewood, MN 55109
651-770-0991  Fax 651-770-1351  1-800-396-2903

December 2018

IMPORTANT ANNOUNCEMENT
FOR
RETIRED PARTICIPANTS

Summary of Material Modifications

The Trustees of the Sheet Metal #10 Benefit Fund announce the following changes to the Plan for Retired Participants on the effective dates provided below.

1. Appendix A – Retiree HRA Plan

Effective December 1, 2018, the “Eligible Retiree HRA Benefits” provisions for the Retiree HRA Plan are amended to provide as follows:

Appendix A - Retiree HRA Plan

Establishment of HRA feature to Plan

The Trustees, as Plan sponsor, established the Retiree HRA Plan (“Retiree HRA”) as a feature of the Sheet Metal Local #10 Benefit Fund for Retired Participants, effective January 1, 2015 (the “Effective Date”).

Legal Status

This Retiree HRA Plan feature is intended to qualify as a medical reimbursement arrangement under Code sections 105 and 106 and the related regulations, and as a Health Reimbursement Arrangement as defined under IRS Notice 2002-45 and shall be interpreted to accomplish that objective. The Retiree HRA Benefits reimbursed under this Retiree HRA are intended to qualify as Medical Care Expenses eligible for exclusion from a Retiree’s income under Code section 105(b). The Retiree HRA Plan will reimburse qualified medical care expenses as provided in Code section 213(d).

Definitions Applicable to Retiree HRA Plan

“Retiree HRA Benefits” means the reimbursement of benefits as further defined in the Eligible Retiree HRA Benefits section below.
"Retiree HRA Account" means the HRA Account described under the "Establishment of Retiree HRA Account" section.

"Retiree" means a retiree eligible for benefits under the Sheet Metal #10 Benefit Fund for Retired Participants.

Eligibility to Participate

A Retiree is eligible to participate in the Retiree HRA as long as they meet the "Eligibility Rules" as detailed on page Error! Bookmark not defined. of this Plan Document.

Conversion of Dollar Bank to Retiree HRA Account

At retirement, a Retiree’s Dollar Bank in the Sheet Metal #10 Benefit Fund will be converted to a Retiree HRA Account for use under the Sheet Metal #10 Benefit Fund for Retirees and their Dependents as further detailed below. In no event will Retiree HRA Benefits be provided in the form of cash or any other taxable or nontaxable benefit other than reimbursement for Retiree HRA Benefits.

Establishment of Retiree HRA Account

A Retiree HRA Account will be established and maintained with respect to each individual Retiree. The HRA Account so established will merely be a recordkeeping account for the purpose of keeping track of contributions and available reimbursement amounts from the Trust.

- Crediting of Accounts. The Retiree HRA Account will be credited with the dollar-for-dollar amount of the Retiree’s Dollar Bank balance at the time of the Retiree’s election for Retiree coverage.

- Debiting of Accounts. An Individual’s Retiree HRA Account will be debited in the amount of any reimbursement for unreimbursed medical expenses as well as for the monthly premium required for Retiree coverage under this Plan only until such time as (1) the Retiree Opt-Out of coverage under the Sheet Metal #10 Benefit Fund for Retired Participants, (2) exhausts their Retiree HRA Account, or (3) otherwise loses coverage due to another provision of the Retiree Plan.

- Available Amount. The amount available for reimbursement of medical expenses or debiting for Retiree Plan premiums from the Retiree HRA Account to the Sheet Metal #10 Benefit Fund for Retired Participants is the amount credited to an HRA Account reduced by prior monthly debits from the Retiree HRA Account to pay for coverage or reimburse for submitted qualified medical expenses.
Eligible Retiree HRA Benefits

The Retiree HRA will reimburse any qualified medical care expense under IRS Code §213(d) incurred on and after December 1, 2018. A qualified medical care expense is incurred at the time the medical care or service is furnished, and not when you are formally billed for, charged for, or pay for the medical care. In addition, expenses payable from your HRA Account must be substantiated. Expenses for your Eligible Dependents can be reimbursed from your Retiree HRA Account as well.

The following expenses are eligible for reimbursement in accordance with the rules and procedures in this HRA Plan. However, this is not intended to be an all-inclusive list. Other expenses not listed here may be reimbursable.

- Acupuncture
- Alcoholism (the treatment of)
- Ambulance
- Annual Physical Examination
- Artificial Limb
- Bandages
- Birth Control Pills
- Braille Books and Magazines
- Breast Reconstruction Surgery
- Chiropractor
- Christian Science Practitioner
- Contact Lenses
- Crutches
- Dental Treatment
- Dental X-rays
- Dentures
- Diagnostic Devices
- Drug Addiction (the treatment of)
- Eyeglasses
- Eye Surgery
- Fertility Enhancement
- Guide Dog
- Gum Treatment
- Gynecologist
- Hearing Aids and Batteries
- Hospital Bills
- Hydrotherapy
- Insulin Treatments
- Insurance Premiums for COBRA or Medicare
- Lab Tests
- Lead Paint Removal
- Lodging (away from home for outpatient care)
- Metabolism Tests
- Neurologist Services
- Nursing Services
- Obstetrician Services
- Operating Room Costs
- Ophthalmologist Services
- Optician Services
- Optometrist Services
- Oral Surgery
- Organ Transplants (including donor's expenses)
- Orthopedic Shoes
- Orthopedist Services
- Osteopath Services
- Over-the-Counter Medications (if prescribed by a Physician, doctor or surgeon)
- Oxygen and Oxygen Equipment
- Pediatrician Services
- Physician Services
- Physiotherapist Services
- Podiatrist Services
- Postnatal Treatments
- Practical Nurse Medical Services
- Pregnancy Test Kit
- Prenatal Care
- Prescription Medicines
- Prosthesis
- Psychiatrist Services
- Psychoanalyst Services
- Psychologist Services
- Psychotherapy

Non-Reimbursable Expenses

Qualified Medical Care Expenses can only be reimbursed when they have not already been reimbursed by another insurance plan, or any other accident plan or health plan, including a Health Flexible Spending Account (FSA). If a portion of a Qualified Medical Care Expense has been reimbursed elsewhere (e.g., because the health insurance plan imposes copayment or deductible limitations), you can be reimbursed for the remaining portion of such an expense (e.g., the deductible or copay) through your HRA Account if the expense otherwise meets the requirements of a Qualified Medical Care Expense.

"Qualified Medical Care Expenses" will not include the following expenses (not an exhaustive list):
- Athletic, Fitness, or Health Club Membership
- Automobile Insurance Premium (allocable to medical coverage)
- Boarding School Fees
- Bottled Water
- Commuting Expenses of a Disabled Person
- Cosmetic Surgery and Procedures
- Cosmetics, Hygiene Products, and Similar Items
- Diaper Service
- Domestic Help
- Funeral, Cremation, or Burial Expenses
- Health Programs offered by Resort Hotels, Health Clubs, and Gyms
- Illegal Operations and Treatments
- Illegally Procured Drugs
- Massage Therapy (unless prescribed)
- Maternity Clothes
- Premiums for health insurance for individual or group policies other than the Welfare Plan
- Scientology Counseling
- Social Activities
- Special Foods or Beverages
- Specially Designed Car for the Handicapped (other than an autoette or special equipment)
- Swimming Pool
- Travel (for general health improvement)
- Tuition and Travel Expenses (for a problem child to a particular school)
- Voluntary Abortion Expenses
- Weight Loss Programs (for general health)
- Any Item not considered "Medical Care" under IRC Section 213

**Reimbursement Procedures**

Your Retiree HRA Plan Account will be debited monthly for the cost of Retiree Plan coverage.

If you wish to be reimbursed for any unreimbursed qualified medical expenses, you must take the following steps:

- Obtain an HRA Reimbursement Form from either the Fund Office or Wilson-McShane;
- Complete the Reimbursement Form and attach to the form receipts/documentation substantiating the expense for which reimbursement is sought;
- Reimbursement will then be issued along with an Explanation of Benefits.
Termination of Participation

Retirees will have their Eligibility terminate pursuant to the “Termination of Eligibility” provisions on page 20 of this Plan Document.

Maximum Annual Benefit

There is no annual maximum benefit under the Retiree HRA Account. The Retiree may use their Retiree HRA Account as long as they remain eligible under the Plan and there is a Retiree HRA Account balance.

If You Return to Active Employment

In the event a Retiree returns to active employment and qualifies for active coverage under the “Re-Qualifying Eligibility” provisions of the Sheet Metal #10 Benefit Fund for Active Participants, the Retiree’s Retiree HRA Account will be frozen. The Retiree HRA Account will not be converted back to a Dollar Bank. If the Retiree once again retires and gains eligibility for coverage under this Plan, their Retiree HRA Account will be unfrozen and once again available for use to pay for coverage under this Plan.

Spend Down/Forfeitures

In the event the Retiree dies the balance in his HRA Account will be available for use by his Dependents, if any, to continue to pay for coverage under this Plan or receive reimbursement for unreimbursed qualified medical expenses until such time as the Retiree HRA Account is exhausted.

Funding This Plan Feature

All of the amounts payable under this Retiree HRA Account Plan will be paid from the general assets of the Trust. Nothing in this description will be construed to require the Trustees to maintain any fund or to segregate any amount for the benefit of any Retiree, and no Retiree or other person shall have any claim against, right to, or security or other interest in any fund, account or asset of the Trust from which any payment under this Retiree HRA Account Plan may be made.
<table>
<thead>
<tr>
<th>Language</th>
<th>Translation</th>
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</thead>
<tbody>
<tr>
<td>English</td>
<td>Attention: If you speak (insert language), language assistance services, free of charge, are available to you. Call 1-952-854-0795.</td>
</tr>
<tr>
<td>Spanish</td>
<td>Atención: Si usted habla (español), tenemos disponible para usted el servicio de ayuda en su idioma sin costo alguno. Llámenos al 1-952-854-0795.</td>
</tr>
<tr>
<td>Vietnamese</td>
<td>Nếu quý vị nói (tiếng Việt), chúng tôi có dịch vụ hỗ trợ ngôn ngữ sẵn sàng phục vụ quý vị miễn phí. Vui lòng gọi: 1-952-854-0795</td>
</tr>
<tr>
<td>Chinese</td>
<td>请注意：如果您讲中文，则您可以获得免费的语言协助服务。请致电：1-952-854-0795。</td>
</tr>
<tr>
<td>Russian</td>
<td>Внимание: Если Вы говорите на (Русском), услуги лингвистической поддержки доступны Вам бесплатно. Звоните 1-952-854-0795.</td>
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<td>Lactian</td>
<td>မေးခွန်ခြင်း ဖြစ်သော အခြေခံအမျိုးအစား မှာ ပြုလုပ်ပါလိမ့်မည်။ အနီ 1-952-854-0795.</td>
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<td>Amharic</td>
<td>የተنية: ጓደ ከሚ (አማርኛ) እን ከነ ከነር ቤ ለ ጓደ ለ ቤ ወነ ከነር ከነር ወነ ከነር ቤ ወነ ከነር ቤ ወነ ከነር ቤ ወነ ከነር ቤ ወነ ከነር 1-952-854-0795 ወነ ከነር</td>
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<tr>
<td>German</td>
<td>Hinweis: Wenn Sie (Deutsche) sprechen, stehen Ihnen kostenlose Sprachhifldienste zur Verfügung. Rufen Sie unter 1-952-854-0795 an.</td>
</tr>
<tr>
<td>Cambodian</td>
<td>ឈ្មោះសិល្បការដែលមានសេវាកម្មជាមួយអ្នកប្រើប្រាស់ បាន កែត្រូន់សេវាកម្មនេះ 1-952-854-0795 ។</td>
</tr>
<tr>
<td>Arabic</td>
<td>ملاحظة: إذا كنت تتحدث (العربية)، فرجى التحدث باللغة عربية يمكننا الاستجابة من خدمات المساعدة اللغوية مباشرة. اتصل بالرقم: 1-952-854-0795</td>
</tr>
<tr>
<td>French</td>
<td>Attention : Si vous parlez (Français), des services langagiers vous sont offerts gratuitement. Veuillez composez le 1-952-854-0795.</td>
</tr>
<tr>
<td>Korean</td>
<td>참고: 한국어 지원 서비스를 무료로 제공합니다. 문의전화 1-952-854-0795</td>
</tr>
</tbody>
</table>
Notice Regarding “Grandfathered” Status

This notice must accompany any Plan materials that are sent to participants.

The Sheet Metal #10 Benefit Fund believes its plan of benefits is a “grandfathered health plan” under the Patient Protection and Affordable Care Act (the Affordable Care Act). As permitted by the Affordable Care Act, a grandfathered health plan can preserve certain basic health coverage that was already in effect when that law was enacted. Being a grandfathered health plan means that the Sheet Metal #10 Benefit Fund may not include certain consumer protections of the Affordable Care Act that apply to other plans, for example, the requirement for the provision of preventative health services without any cost sharing. However, grandfathered health plans must comply with certain other consumer protections in the Affordable Care Act, for example, the elimination of lifetime limits on benefits.

Questions regarding which protections apply and which protections do not apply to a grandfathered health plan and what might cause a plan to change from grandfathered health plan status can be directed to the Plan Administrator at Sheet Metal #10 Benefit Fund, Attn: Plan Administrator, 1681 East Cope Avenue, Suite B, Maplewood, MN 55109; (651) 770-0991. You may also contact the Employee Benefits Security Administration, U.S. Department of Labor at 1-866-444-3272 or www.dol.gov/ebsa/healthreform. This website has a table summarizing which protections do and do not apply to grandfathered health plans.